



**Emirates International School – Jumierah**  
**Swimming Pool Policy**

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## **SECTION 1 SWIMMING POOL SAFETY POLICY**

It is the aim of the policy to ensure that all necessary measures are taken to provide safe bathing for those using the school swimming pool. In pursuit of this aim, the following procedures will be carried out.

**SAFETY TRAINING** All members of the PE Department will take part in swimming pool safety training. The Head of Physical Education Department will ensure that members of the Department receive adequate training.

**HIRE OF SWIMMING POOL** Hirers will be made aware of safety procedures prior to hire of the school swimming pool. A map of the pool giving directions and water depth will be provided. A copy of life saving qualifications will be required on request from the school from those in attendance with this responsibility.

## SECTION 2 SWIMMING POOL REGULATIONS, INFORMATION AND OPERATING PROCEDURES

### General School Organisation:

Maintenance of the pool is the responsibility of the caretaking staff and the chlorine levels, PH and temperature should be monitored and recorded at least twice daily. They, in consultation with other staff members, will decide whether the condition of the pool allows use.

### Safety Information:

**Report Accidents:** All school injuries, however minor, must be reported to the nurse and a note must be made in the Incident Book

### Lifeguard/teacher:

- Must carry a whistle at all times and be suitably dressed.
- Must always be on the poolside whilst supervising swimmers. Must not enter the water unless in an emergency.
- Must know the Emergency action plan (see later).
- Must ensure that he/she can see all areas of the pool at all times, including the bottom of the pool. Ensure that an adequate variety and amount of rescue equipment is in the pool before starting each lesson/session.
- Person in charge must not leave the pool area at any time, unless another qualified person remains on the poolside with a group.
- Ensure that the safety equipment is positioned at intervals along the pool surround. Ensure that the tasks set are appropriate for the groups being taught.
- Ensure that the equipment does not obstruct the pool surround, thus preventing accidents.
- Must regularly practice their lifesaving techniques to ensure their effectiveness has not deteriorated.

**Access:**

At no time may any students/swimmers be in the pool without a qualified member of staff being present. Students/swimmers should stay in the changing rooms and only be admitted by the member of staff taking the lesson. The doors to the pool must be locked at all times when the pool is not in use. The teacher taking the lesson/session is responsible for this being carried out after each lesson has finished.

**Potential Risk Factors:**

1. Width of surrounds may make use of rescue aids or landing a swimmer difficult.
2. The long design makes some areas of the pool blind spots to a single teacher, who may not remain centrally positioned throughout a teaching session.
3. Metal rails in pool could trap a small child's wrist.
4. Metal rails stand proud and students could bang heads when coming up from underwater.

**Other Important Points:**

All swimmers must be made aware of the following rules:

- a) No one is permitted in the pool area without a lifeguard/qualified teacher being present.
- b) No one must swim unless in a group of three or more, one of whom must be qualified and stay on the side.
- c) No running.
- d) No diving (including racing and surface dives) in non-diving area. Diving area from deep end edge only.
- e) No dangerous or irresponsible behaviour in changing rooms or pool area.
- f) All swimmers should be encouraged to use the toilets before entering the pool.
- g) All swimmers must know the pool evacuation procedure and get out of the water when instructed to do so.
- h) No outdoor footwear allowed in pool area.
- i) Must be dressed appropriately. j) Must not enter the pool with any infectious diseases or skin complaints.

**SERIOUS INJURY TO SWIMMER:**

1. One long blast of whistle, swimmers instructed to get out and move away from the edge of the pool.

2. One swimmer or available student or adult to phone office, or Nurse, or Emergency services depending on the injury or situation.
3. Another swimmer or available student or adult is instructed to send any adult on hand into the pool area and then go and find the School Nurse to inform her of the situation and ask for her assistance.
4. The Lifeguard then assesses situation and rescues subject.
5. Lifeguard to administer E.A.R. (Expired Air Resuscitation) and E.C.C. (External Cardiac Compression) if necessary until specialised help arrives to take over.
6. If breathing has restarted leave subject in recovery position, keeping watch at all times.
7. Adult or Lifeguard to evacuate all other swimmers.

### **General Points:**

Lifeguard must try to:

- Remain calm at all times
- Ensure the safety of all class members at all times. Do not turn your back – keep students in sight.
- If possible, perform any rescue from the poolside.
- Ensure that help is sent for immediately.
- Inform students of safety procedures and practice regularly.

The pool must be left in a tidy state after each lesson/session. All equipment must be taken out of the water and returned to the proper place. This includes:

- Safety Aids
- Bricks
- Floats
- Lane Ropes
- Balls