

EIS Jumeirah High School

After School Activities



Information Booklet

Term 2 2011-12

Sunday 29th January - Thursday 29th March

TERM 2 SPORTS

This term will see EIS-J teams in action in Netball, Athletics, Rounders, Rugby Table Tennis, Football Cup Competitions, Junior Basketball (U13 & U15) and Cricket (trials at the end of March).

To sign up for these students must attend the trials on the designated days. These will be notified by the coaches for each team. Some teams have been selected last term and will continue into this term.

Players selected must ensure they know what the training & fixture days are and not commit to another activity on the allocated day.

NOTE – you don't sign up for a school team via the ASA return slip.

SUNDAY

SAILING	Venue: Dubai Offshore Sailing Club	<i>Guardians are required to provide transportation to and from this activity</i>
	Cost: AED 600 for the course	Time: 3:30-5:30pm
Maximum number – 12 students		
<p>Description: Official RYA (Royal yachting Association) dinghy sailing course. The course runs for 8 weeks, with one 2-hour lesson per week. Possibly RYA dinghy race certification is issued at the end of the course, according to participants preference. Only advanced participants can access this course. If you are interested, get your form in quick!</p> <p>Teacher: Silvia Natale</p>		

ATHLETICS TRAINING	Venue: pitch	<i>Selected athletes only</i>
	Cost: n/a	Time: 3-4
<p>Description: Important training sessions for selected athletes in the school teams.</p> <p>Teacher: PE Department</p>		

NETBALL U13 & U15	Venue: Sportshall	
	Cost: n/a	Time: 3-4
<p>Description: Important team practices for players selected in the school teams.</p> <p>Teacher: Deb Kyd, Steph Carte & Adele Teasdel</p>		

There are no other activities on a Sunday, as they have now been blocked off as staff meeting days.

MONDAY

GCSE / IB ART CATCH UP	Venue: TW 35 & TW 34	GCSE & IB art students only
	Cost: n/a	Time: 3-4pm
<p>Description: GCSE and IB students have an opportunity to catch up on their work.</p> <p>Teacher: Sabiha Qadri & Assya Makawi</p>		

MASTER CHEF	Venue: TW12 Kitchen	Grades: 9-13
	Cost: Students will provide raw cooking materials (approx AED 30 per week)	Time: 3-4pm
<p>Description: We have all seen the Masterchef series on TV. Come on in and test your cooking skills and knowledge against other student 'contestants'. Learn new cooking techniques and skills, and then put them into practice in our very own EIS Masterchef competition. Tasting the food will be a just reward!</p> <p>Note - The students who signed up in Term1 but missed out will have first priority with this activity.</p> <p>Teacher: Jon Howarth & Brenda Nugent</p>		

SCHOOL MUSICAL – WIZ	Venue: Theatre/Drama/Music rooms/E1	Selected cast members only
	Cost: n/a	Time: 3-5pm
<p>Description: The highly talented cast and crew for the Wiz will be undergoing a rigorous rehearsal schedule to prepare for the EIS premier of the Wiz. Note – the rehearsals will finish at 5pm and students will need to arrange their own transport for this time.</p> <p>Teachers: Drama & Music department</p>		

MIDDLE DISTANCE SQUAD	Venue: main pitch	Selected athletes only
	Cost: n/a	Time: 3-4pm
<p>Description: Training sessions with specialist coaching building towards inter school athletics competitions.</p> <p>Teacher: Dr John Deary & John Glendenning</p>		

GYM TRAINING	Venue: School Gym	
	Cost: n/a	Time: 3-4pm
<p>Description: Using the state of the art exercise equipment, come along and boost your health and fitness. Open for students in grade 10, 11, 12 and 13.</p> <p>Teacher: Gangadharan Sengazhani & Soonita Ramputty</p>		

(MMA) MIXED MARTIAL ARTS	Venue: E1	
	Cost: AED 60 per lesson (total – AED 480)	Time: 3-4pm
<p>Description: Introduction sessions to Jui Jitsu, Karate, Kune Do and many more. Classes run by Steve Drake, an accredited instructor offering non contact and non violent classes in a safe and fun environment. A focus on good manners, anger management, goal setting, team building and streetwise awareness. For more info check out www.uaemartialarts.com</p> <p>Teacher: Ellen O'Donovan</p>		

G & T Technology Club	Venue: HS35	
	Cost: n/a	Time: 3-4pm
<p style="text-align: center;"><i>For motivated technology enthusiasts</i></p> <p>Description: <i>The I-Phone is better than Blackberry, or is it? Do some technology terms like megapixel, Bluetooth, 3G and Apps confuse you? Have you ever created a game in PowerPoint? What is an Avatar ? Do you wonder how hard it is to create a website?</i></p> <p>All these questions will be answered and more. Join the Technology G&T club and let me guide you into a new type of confidence with technology. We will research different technologies like mobile telephones, digital cameras, game technologies and find out what makes the best brand and why? We will use software we know like PowerPoint and Excel to do something exciting like create games. You can learn how to make your own websites and videos or maybe you want to learn how to create and edit pictures in Photoshop.</p> <p>How fast do you type? Faster than your best friend? Faster than everyone in the whole class? Let's figure that out in the Typing Challenge (Current winner: Ms Chakar).</p> <p>Sign up and let technology show you how it's done!</p> <p>Teacher: Ms Chakar</p>		

ATHLETICS TRAINING	Venue: pitch	<i>Selected athletes only</i>
	Cost: n/a	Time: 3-4
<p>Description: Important training sessions for selected athletes in the school teams.</p> <p>Teacher: PE Department</p>		

HELPING HANDS	Venue: Leadership = HS35 Computer workers = HS46 Campaign workers & new students HS40	
	Cost: n/a	Time: 3-4pm
<p>Description: <i>Helping Hands is an after-school activity started up by Wafa Junaid in order to use students' energy and desire to give back to society. In the Helping Hands group we try to raise awareness of community problems, hold fund-raisers and have fun helping our school and local area. Helping Hands is an opportunity for students to give back, earn CAS points and EISAP hours while having fun working on projects such as, 'The Pink Glove Dance' for Breast Cancer Awareness and 'Miss Hargett's Design Competition' for Indonesian children</i></p> <p>Teachers: Driven by <i>Grade 12 EIS students</i>, with help from Emma McAskie & Rose Kamath</p>		

TABLE TENNIS	Venue: E2	
	Cost: n/a	Time: 3-4pm
<p>Description: Training, matches & competitions to improve your skills and game play in Table Tennis.</p> <p>Teachers: Divya Jayaprakash & Rositta Xavier</p>		

MATHS SUPPORT & HOMEWORK	Venue: M5	
	Cost: n/a	Time: 3-4pm
<p>Description: Tutoring programme for students who need extra help in maths. Open to all students.</p> <p>Teacher: Joanne Killin & Zaidi Rivzi</p>		

ORIGAMI	Venue: M 13	
	Cost: n/a	Time: 3-4pm
<p>Description: Origami is Japanese art of paper folding from simple aeroplane to animals, from a simple piece of paper. You will be able to learn how to make many different forms of shapes simply from a piece of paper. Colour papers and scissors will be needed for this activity. Students are welcome to bring their own ideas and works to share for others to learn.</p> <p>Teacher: Yat Ho Lai</p>		

TENNIS LESSONS	Venue: Habtoor Grand Hotel - Dubai Marina	<i>Guardians are required to provide transportation to and from this activity</i>
	Cost: AED 80 per lesson (total – AED 640)	Time: 4-5pm
<p>Description: Want to hit like Rafael Nadal? Head to the Habtoor Grand for some tennis coaching from qualified coaches. Beginner and intermediate players are welcome.</p> <p>Teacher: Martine Perus</p>		

DECOUPAGE	Venue: SC8	
	Cost: 30 AED for the term	Time: 3-4pm
<p>Description: The art of decorating an object by gluing colored paper cutouts onto it in combination with special paint effects. Transform an old dull box, purse or book into a piece of art. Age restriction e.g. only grade 7 & 8. Students will need to pay a small fee to cover the cost of materials and all items produced the students will keep.</p> <p>Teacher: Rajaa Kassem & Michelle Terblanche</p>		

IGCSE Chemistry & MYP Science help	Venue: SC 19	
	Cost: n/a	Time: 3-4pm
<p>Description: This is a fantastic opportunity for students who require extended help in Science, but we would like to stress that the teachers are not there to ‘teach’ a subject again. This would be very helpful for:</p> <ul style="list-style-type: none"> • Students recommended by their Science teachers • Students who are struggling or need help with their homework and study • Students who want to achieve the best within their ability • Students from Years 7, 8 and 9 (MYP Years) and also Years 10 and 11 IGCSE Chemistry <p>This activity will start on Sunday 5th February (later than the rest of the ASA) and finish on the 1st April.</p> <p>Teacher: Jodie Wills</p>		

GAVEL CLUB	Venue: Annex 5	
	Cost: n/a	Time: 3-4pm
<p>Description: A Public Speaking Club – affiliated with Toastmasters International, entirely run by students. Don’t be intimidated to speak up and speak out! Get over your shyness with impromptu speeches, table topics, snacks © etc. Open to grades 10 and above.</p> <p>Teachers: Roy Forrest & Christine Morrissy</p>		

IB BUSINESS INTERNAL ASSESSMENT	Venue: AX10	IB Business students only
	Cost: n/a	Time: 3-4pm
<p>Description: Addition support for students struggling with the rigors of IB internal assessment. With specialist advice this is a chance to improve your IB Business assessment performance.</p> <p>Teacher: Liam Greenbank & Peter Stoddart</p>		

ARABIC CALLIGRAPHY	Venue: NB 4	
	Cost: n/a	Time: 3-4pm
<p>Description: Authentic Arabic calligraphy An activity is a training to improve the writing and then write some types of learning to write a great artistic way, an activity appropriate to the Arabs and non-Arab</p> <p>Teachers: Khaled Omer</p>		

ROCK CLIMBING	Venue: Climbing wall, sportshall	
	Cost: n/a	Time: 3-4pm
<p>Description: Learn how to climb safely, belay and abseil on the schools very own climbing wall. Places are very limited so if you are interested you must collect a note from Mr. Svar (Maths) and the first 4 to return the signed notes to him directly will secure a place for rock climbing.</p> <p>Teachers: Sarfaraz Svar</p>		

IGCSE ENGLISH WORKSHOPS	Venue: HS 4	A weekly sign up outside the English office.
	Cost: n/a	Time: 3 - 4pm
<p>Description: A variety of specialist workshops focusing on different sections of the curriculum, various texts, poetry, exam techniques and written responses. See the English notice board for the full workshop schedule.</p> <p><i>Note</i> – students are to sign up for the workshops in the week prior outside the English office. A limit of 30 places for each workshop.</p> <p>Teachers: The English Department</p>		

TUESDAY

GCSE / IB ART CATCH UP	Venue: TW 36	GCSE & IB art students only
	Cost: n/a	Time: 3-4pm
<p>Description: GCSE and IB students have an opportunity to catch up on their work.</p> <p>Teacher: Brenda Harvey</p>		

SCHOOL MUSICAL – WIZ	Venue: Theatre/Drama/Music rooms	Selected cast members only
	Cost: n/a	Time: 3-5pm
<p>Description: The highly talented cast and crew for the Wiz will be undergoing a rigorous rehearsal schedule to prepare for the EIS premier of the Wiz. Note – the rehearsals will finish at 5pm and students will need to arrange their own transport for this time.</p> <p>Teachers: Drama & Music department</p>		

ENGLISH MYP & GRAMMAR HELP	Venue: HS 30	
	Cost: n/a	Time: 3-4pm
<p>Description: Looking for extra help with English classwork or homework? Then sign up for extra help. Open to all grades.</p> <p>Teacher: Rosena Stewart & Lucy Bennetto</p>		

GYM TRAINING	Venue: School Gym	
	Cost: n/a	Time: 3-4pm
<p>Description: A healthy body makes a healthy mind. The importance of exercise is often overlooked by students with hectic schedules. In these sessions all students will be given the opportunity to maintain the essential balance between exercising both the body and mind.</p> <p>Teacher: Komal Chandirami & Redouane Mehsadji</p>		

BOOTCAMP FITNESS	Venue: E1	
	Cost: n/a	Time: 3-4pm
<p>Description: If you want to shape up fast, then Bootcamp Fitness the best way to do it. As you can tell by its name, it is a mix of athletic drills, resistance training and fitness. This is definitely the place for those who are looking for motivation to get physical. If you work hard, then you will become more dynamic in your daily life. The question is.....can you keep up!?! Open to students of all abilities and ages.</p> <p>Teacher: Lamine Tangarra</p>		

FRENCH CONVERSATION	Venue: HS28	
	Cost: n/a	Time: 3-4pm
<p>Description: Pour tous les moulins à parole (to all chatter boxes...) Here is a great opportunity to practice and improve your spoken French as well as to broaden your knowledge about French and francophone countries. Topics include French music and films. Venez nombreux! A bientôt!</p> <p>Teacher: Sylvie Dauksz</p>		

RUGBY	Venue: main pitch	
	Cost: n/a	Time: 3:00-4:00pm
<p>Description: Selected players will train and prepare for the new emerging schools rugby tournament and friendly matches. All ages and ability levels, new players welcome.</p> <p>Teacher: Anthony Egan, Chris Burch & Peter Dennehey</p>		

ECO & RECYCLING CLUB	Venue: Annex 7	
	Cost: n/a	Time: 3-4pm
<p>Description: The club aims to create awareness of our environment and how to protect it. This term we would be involved in beach clean ups, making posters to conserve water, recycling paper in school, visiting recycling centre etc. along with school recycling responsibilities. There will be inter-school contests like the CAN-COLLECTION drive coupled with active participations in EEG campaigns.</p> <p>Teachers: Amina Haider & Lopa Bhatt</p>		

IGCSE Physics & MYP help	Venue: SC 5	
	Cost: n/a	Time: 3-4pm
<p>Description: This is a fantastic opportunity for students who require extended help in Science, but we would like to stress that the teachers are not there to 'teach' a subject again. This would be very helpful for:</p> <ul style="list-style-type: none"> • Students recommended by their Science teachers • Students who are struggling with Science • Students who want or need help with their homework and study • Students who want to achieve the best within their ability • Students from Years 7, 8 and 9 (MYP Years) • Students from Years 10 and 11 Physics Chemistry <p>This activity will start on Sunday 5th February (later than the rest of the ASA) and finish on the 1st April.</p> <p>Teacher: Annahita Naser</p>		

LATIN DANCE	Venue: TW 14	
	Cost: n/a	Time: 3 - 4pm
<p>Description: Do you have a passion for dance, especially the cha cha and ramba? Do you want to improve your flexibility? Get involved with Latin Dance! This class will give you a great opportunity to practice and improve your dancing skills. All ages and abilities welcome.</p> <p>Teacher: Asimah Yaseen & Wen Jia (Grade 12 student)</p>		

GCSE FOOD TECH CLUB	Venue: TW19 Kitchen	GCSE food tech students only
	Cost: n/a	Time: 3- 5.30pm
<p>Description: This is where students come and complete work or build on their cooking skills.</p> <p>Teacher: Chriselle Nisbit</p>		

IGCSE ESL and ESP Literature	Venue: HS 35	GCSE food tech students only
	Cost: n/a	Time: 3- 4 pm
<p>Description: This club supports the success of IGCSE ESL and ESP Literature students by helping them revise material, develop analysis and writing skills, and practise for the exams.</p> <p>NOTE: Students need to bring their ESL Textbooks, IGCSE Section C poetry anthologies, <i>Of Mice and Men</i> and <i>An Inspector Calls</i>; glossaries, translators, notes and handouts, as needed</p> <p>Teacher: Nancy Hamilton</p>		

CHESS CLUB	Venue: SC20	
	Cost: n/a	Time: 3-4pm
<p>Description: Practice and play in competitions, both inter-house and inter-school competitions.</p> <p>Teacher: Wissam Yehya</p>		

World Scholars Cup	Venue: HS34	
	Cost: n/a	Time: 3-4pm
<p>Description: The challenge: to explore a cutting-edge global theme in order to compete - and collaborate! - with leading students from across the world.</p> <p>This year's theme: <i>A World in Flux.</i></p> <p>Explore six topics, from Biotechnology to the Modern Metropolis. Master four events: Debate, Writing, Challenge, and Bowl. This involves..... Sessions will involve training and preparations for inter-school competitions.</p> <p>All students invited to try out and contribute with a team of 3 students chosen to represent the school.</p> <p>Teachers: Ellen Steele</p>		

TABLE TENNIS TEAM	Venue: E2	<i>Team already selected, all players must attend.</i>
	Cost: n/a	Time: 3-4pm
<p>Description: Inter school matches and practice sessions for selected players. This team has already been selected last term.</p> <p>Teacher: Sarah Kinderman</p>		

TORCH	Venue: HS 34	Open to grades 10-13 Max 20 people selected
	Cost: n/a	Time: 3-4pm
<p>Description: The Torch is a student run activity and has been a grand success over its timeline. A selection process will be held for positions such as journalists, resources, photographers, editors etc. For those interested please speak to Mrs. Hamilton or Vladislav Fomin, 12A for your application letter.</p> <p>Teachers: Driven by <i>Grade 12 EIS students</i>, with faculty assistance from Nancy Hamilton</p>		

Wednesday

WALKING CLUB	Venue: meet beside the pitch	
	Cost: n/a	Time: 3-4pm
<p>Description: For exercise and fun why don't you come along and undertake some exercise in a relaxing setting, wear suitable clothing & bring a drink bottle aswell.</p> <p>Teachers: Mohammad Lutfi & Mushira Salama</p>		

CLAY PIGEON SHOOTING	Venue: Jebel Ali Shooting Club	<i>Guardians are required to provide transportation to and from this activity</i>
	Cost: 800 AED for a four week programme	Time: 3.30 – 4.30pm
<p>Description: It's safe; it's exciting and a super popular sport. Increase your knowledge about the health and safety surrounding gun usage, whilst also learning how to use a 12 bore shot gun. Shoot at both stationary and fast-moving targets (clay pigeons).</p> <p>Teacher: David Slocombe</p>		

IB BUSINESS INTERNAL ASSESSMENT	Venue: AX10	IB Business students only
	Cost: n/a	Time: 3-4pm
<p>Description: Addition support for students struggling with the rigors of IB internal assessment. With specialist advice this is a chance to improve your IB Business assessment performance.</p> <p>Teacher: Liam Greenbank & Peter Stoddart</p>		

COMPUTER GRAPHICS	Venue: HS 37	
	Cost: n/a	Time: 3-4pm
<p>Description: This club will develop graphical skills and understanding on office applications using spreadsheets and PowerPoint programs and to reinforce the use of these programs in different areas of life. In addition to this students will have chance to work on Photoshop, Dreamweaver and other photo editing programs.</p> <p>Teachers: Muneem PV</p>		

MUN (Model United Nations)	Venue: HS 4	
	Cost: n/a	Time: 3-4pm
<p>Description: The Model United Nations provides an exciting forum for students to discuss global concerns in a context that closely parallels the 'real world'. You learn vital skills in research writing, speaking, consensus building and conflict resolution as you represent countries that you become ambassadors of.</p> <p><i>This is compulsory for students attending the DIAMUN and also for new students joining for the first time.</i></p> <p>Teachers: Ciara O'Donoghue, Giles Isbeil & Martin McCurrach</p>		

RUNNING CLUB	Venue: Multiple Venues (see below)	
	Cost: n/a	Time: 3-4pm
<p>Description: Are you keen to boost your health, fitness and sports performance? Join the running club that will cater for all fitness levels. Ideal for all sporting team members, GCSE students, students wishing to get fit for sports day and anyone wishing represent the school at Athletics next term.</p> <ul style="list-style-type: none"> • Mostly at the school track & track just outside of the school • Beep tests • Beach / Safa Park <p><i>*All students who are attempting to trial for the schools athletics team in all running distances are encouraged to train with the running club.</i></p> <p>Teacher: Cara Ritchie & Hayley Oughton</p>		

GYM TRAINING WEIGHTS & CARDIO	Venue: School Gym	
	Cost: n/a	Time: 3-4pm
<p>Description: Using the state of the art exercise equipment, come along and boost your health and fitness.</p> <p>Teacher: Abdelwahab Ahmed & Sameea Hussain</p>		

ART OF COLLAGE	Venue: HS35	
	Cost: n/a	Time: 3-4pm
<p>Description: Enjoy creating artistic collage arrangements using all kinds of materials, words and images to express your ideas and emotions. Creative collages allow you to share the real you!</p> <p><i>*Note: Participants are to collect and bring their own materials when directed.</i></p> <p>Teacher: Nancy Hamilton</p>		

BEST BUDDIES	Venue: HS12 Office / HS4	
	Cost: n/a	Time: 3-4pm
<p>Description: Best Buddies matches EIS-J with students from Dubai Centre for Special Needs. It enhances the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships. For more information visit www.bestbuddies.org <i>* An excellent programme for CAS and EISAP students looking for a worthwhile service activity.</i></p> <p>Teachers: Rose Kamath & Andrew Rogers</p>		

STUDY HALL	Venue: NB 2	
	Cost: n/a	Time: 3-4pm
<p>Description: Get your homework out of the way and enjoy your time at home without having to do anymore! Study Hall is a quiet place where you can complete your homework in peace, as well as getting help where needed.</p> <p>Teacher: Aisha Rashaad</p>		

MATHS OLYMPIAD	Venue: M7	
	Cost: n/a	Time: 3-4pm
<p>Description: Are you interested in logic problems and thinking out of the box? If so join the Math Olympiad team! We aim to take part in both local and international competitions this year and to build up a team of NERDS (Never Ending Radical Dudes) to start representing our school. After school sessions will consist of practicing Olympiad type questions and having mini competitions. Come-on, join now!</p> <p>Teacher: Cora-Mari Vandermerwe</p>		

CONTEMPORARY DANCE	Venue: E1	
	Cost: n/a	Time: 3-4pm
<p>Description: A variety of dance movement and styles focusing on a broad range of stimuli. You will be creating and analyzing dance movements along with dance history. Practically you will be focusing on choreography and performance.</p> <p>Teacher: Diana Duff</p>		

IGCSE Biology & MYP Science help	Venue: SC 13	
	Cost: n/a	Time: 3-4pm
<p>Description: This is a fantastic opportunity for students who require extended help in Science, but we would like to stress that the teachers are not there to 'teach' a subject again. This would be very helpful for:</p> <ul style="list-style-type: none"> • Students recommended by their Science teachers • Students who are struggling with Science • Students who want or need help with their homework and study • Students who want to achieve the best within their ability • Students from Years 7, 8 and 9 (MYP Years) • Students from Years 10 and 11 IGCSE Biology <p>This activity will start on Sunday 5th February (later than the rest of the ASA) and finish on the 1st April.</p> <p>Teacher: Romana Chohan</p>		

ROUNDERS CLUB	Venue: main pitch	
	Cost: n/a	Time: 3-4
<p>Description: Open to all players and gcse students for practice before a school team is selected for leagues and tournaments.</p> <p>Teacher: Deb Kyd & Steph Carte</p>		

TABLE TENNIS CLUB	Venue: E2	
	Cost: n/a	Time: 3-4pm
<p>Description: Training, matches & competitions to improve your skills and game play in Table Tennis.</p> <p>Teacher: Ahmed Morsy</p>		

Long Jump ATHLETICS TRAINING	Venue: Long Jump Pit	<i>Selected athletes only</i>
	Cost: n/a	Time: 3-4
<p>Description: Important training sessions for selected athletes in the school teams.</p> <p>Teacher: Kenny Lim</p>		

Thursday

TABLE TENNIS	Venue: E2	
	Cost: n/a	Time: 3-4pm
<p>Description: Training, matches & competitions to improve your skills and game play in Table Tennis.</p> <p>Teacher: Abdula Layla & Mohammed Khairy</p>		

INTERNATIONAL COOKING	Venue: TW 12	
	Cost: n/a	Time: 3-4pm
<p>Description: Have fun working in groups preparing different types of food and sweets. An introduction to eastern and western foods with a focus on healthy food.</p> <p>Teachers: Mona Al Massri, Manal Mahmoud, Wessam Alwan & Dalia Hosny</p>		

GYM TRAINING	Venue: School Gym	
	Cost: n/a	Time: 3-4pm
<p>Description: Using the state of the art exercise equipment, come along and boost your health and fitness. Open to students of ALL ages.</p> <p>Teacher: Oscar Gallego & Cristina Velazquez</p>		

ADDITIONAL ACTIVITIES:

DIVING (Padi Open Water)	Venue: Atlantis The Palm	<i>*Guardians are required to provide transportation to and from this activity</i>
	Cost: AED 1,750	Time: TBC Some weekends will be required
<p>Description: Gain your first scuba diving experience breathing underwater with the beginner's scuba diver level certification course. Discover a new underwater world.</p> <p>Teacher: Giles Isbel</p>		

DIVING (Padi Advanced Open Water)	Venue: Atlantis The Palm	<i>*Guardians are required to provide transportation to and from this activity</i>
	Cost: AED 1,500	Date: 17 th -18th Feb, 2 nd -3 rd March Time: all weekend
Description: The next level in the PADI programme is learning how to dive to depths of 30m, dive in wrecks and improve your underwater navigational skills Teacher: John Howarth		

HOW TO SIGN UP

1. Read about activity in the booklet and talk to teacher in charge for more information
2. Print off form from school website
3. Select activities for the designated day
4. Parents to sign form
5. Return completed slip to form teacher
6. Start activity and enjoy
7. Attend each week

Note – for paid clubs bring the payment to HS39. There are limited places so act fast to secure your spot.

Activities start – Sunday 29th January and run for eight weeks (finishing end of March).

Term 2 2011-12 EIS-J HS After School Activity Programme

Sunday	Monday	Tuesday	Wednesday	Thursday
Sailing* Netball Teams Athletics Training	GCSE/IB Art Catch Up School Musical - Wiz Gym Training Helping Hands Tennis Lessons* Mixed Martial Arts* Masterchef Middle Distance Squad Technology Club Table Tennis Maths Support Origami Decoupage Science Help Gavel Club IB Business Arabic Calligraphy Rock Climbing English Workshops Athletics Training	Gym Training Rugby Bootcamp Fitness Science Help GCSE/IB Art Catch Up School Musical – Wiz English MYP help French Conversation Eco & Recycling Club Latin Dance GCSE Food Tech ESL & ESP Literature Chess Club World Scholars Cup Table Tennis Team The Torch U15 Boys Basketball	Contemporary Dance Model United Nations Running Club Gym Training Walking Club Art of Collage Study Hall Maths Olympiad Science Help Clay Pigeon Shooting* IB Business Computer Graphics Best Buddies Science help Rounders Club Table Tennis Long Jump Practise U13 Boys Basketball	Table Tennis International Cooking Gym Training Cross Training Fitness Girls Football Club

Note: Advanced Dive course will take place on weekends & the day for Open Water Dive to be confirmed.
 Activities with an * are the paid activities with external providers, the rest are free of charge.

- This is a summary of the programme and students must research the full programme for more details.